

## The Lord's Prayer: Forgiveness Matthew 6:12-13; Psalm 51



### Here's what happens...

Jesus sets the example of asking for forgiveness and for help resisting temptation. In Psalm 51, David confesses his greatest sins and asks God to give him a clean heart.

### Bible Point:

Saying "sorry" is part of prayer.

*"Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one" (Matthew 6:9-13).*

### Through the Week

Set up a reminder to say you're sorry to God this week.

- As a family, decorate a sign with the words of Psalm 51:10. You could also add illustrations, such as a heart with bubbles on it to show a clean heart.
- Hang the sign over a soap dish everyone uses. (Your child may have even made a soap dish in class today!)
- Whenever family members wash their hands this week, they can see the sign and remember to tell God what they're sorry for and ask him to give them a clean heart.

### Talk About This...

- Tell about a difficult apology you've had to make.