



Dear Parents,

First and foremost, we hope that you and your loved ones are safe and healthy. We have received questions from parents about if and how COVID-19 will affect how we run Sunday school. We know this season has been stressful to many and recognize that socializing and interacting with peers can be a healthy way for children to cope with stress and connect with others, particularly after spending quite a bit of time at home. After careful thought and planning, we are excited to let you know that we plan on having Sunday school while following CDC considerations to protect children, families, and our community.

The health and safety of our children and staff remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible. We are:

- Intensifying cleaning and disinfection practices within our facilities and premises by cleaning and disinfecting frequently touched surfaces at the end of the day, cleaning and disinfecting objects if they are shared (e.g., art supplies, sports equipment, toys, and games).
- Limiting the number of items that are shared or touched between children and staff by providing individual supplies to each child, keeping each classes belonging in individually labeled containers, cubbies, or areas, and using disposable gloves to serve snacks.
- Children will remain in class for entire time for lesson and worship. We will be suspending group lesson/worship time for the time being.
- Limiting class size to 10 students, to allow for more distancing.
- Children will be signed in by the teacher/helper, and parents will be given a disposable number or special name tag.
- Promoting healthy hygiene practices by teaching children the importance of washing their hands with soap and water for at least 20 seconds, monitoring children to make sure they are washing their hands, providing children with hand sanitizer with at least 60% alcohol when they don't have easy access to soap and water, encouraging children to cover their coughs and sneezes with a tissue or to use the inside of their elbow, and posting signs about these healthy habits around the facility.
- Requesting that staff wear a cloth face covering as feasible.
- If a child does get sick, we have identified an area where they can rest, be watched after, and safely isolate from others. We will communicate with parents or caretakers directly.
- We ask that you help us protect the health of our children. Anyone who is sick or was sick with Covid-19 or has been exposed in the last 14 days, should not come to Sunday school. This includes staff and their families.

If you have a specific question about this plan, please contact [rhonda@calvarychapelorlando.com](mailto:rhonda@calvarychapelorlando.com) for more information.

We look forward to seeing you.

Thank you and stay healthy  
God bless you, Rhonda Avila, Children's Ministry Director

