

The kinds of items Helping Hands Ministry are in constant need of:

For homeless, transients, AND the Body of Christ fellow members...

MANY OF THESE CAN BE PURCHASED IN BULK AT COSTCO OR SAMS, OR ORDERED ON AMAZON.

Please try to get items that are Single serving or small size - Self-opening Pop Top Cans - Non Perishables with Long shelf life

POP-TOP Canned Meats - Vienna Sausages, Spam, Canned Chicken, Canned Ham, Canned Tuna, Corn Beef, Beans and Franks, Tuna or Chicken Snack Kits, Canned Ravioli, Beefy Mac, Chili, Stew)

POP-TOP Hearty Soups and Pastas - Chunky Soup,

POP-TOP Canned Vegetables - Corn, Carrots, Mixed Veggies, Pork and Beans

Snack Packs - Fruit Cups, Pudding Cups, Applesauce

Single Serving Bars - Protein Bars, Granola Bars, Breakfast Bars

Small snack size packages of peanut butter crackers and cheese crackers (with long shelf life)

Dry Items – Mac-n-Cheese, Pasta noodles, Rice, Cereal, Crackers, Ramen Noodles, Instant Coffee, Small to Medium Jars of Peanut Butter and Jelly.

Bottled Water - 16.9 oz. bottles by the case, petite bottles by the case

Gatorade small bottles.

All these kinds of items we can use in fairly large quantities all year long, as long as the expiration date is at least 6 months out.

