

Session 8: What are some additional essential topics (Part 1)?

Session Questions

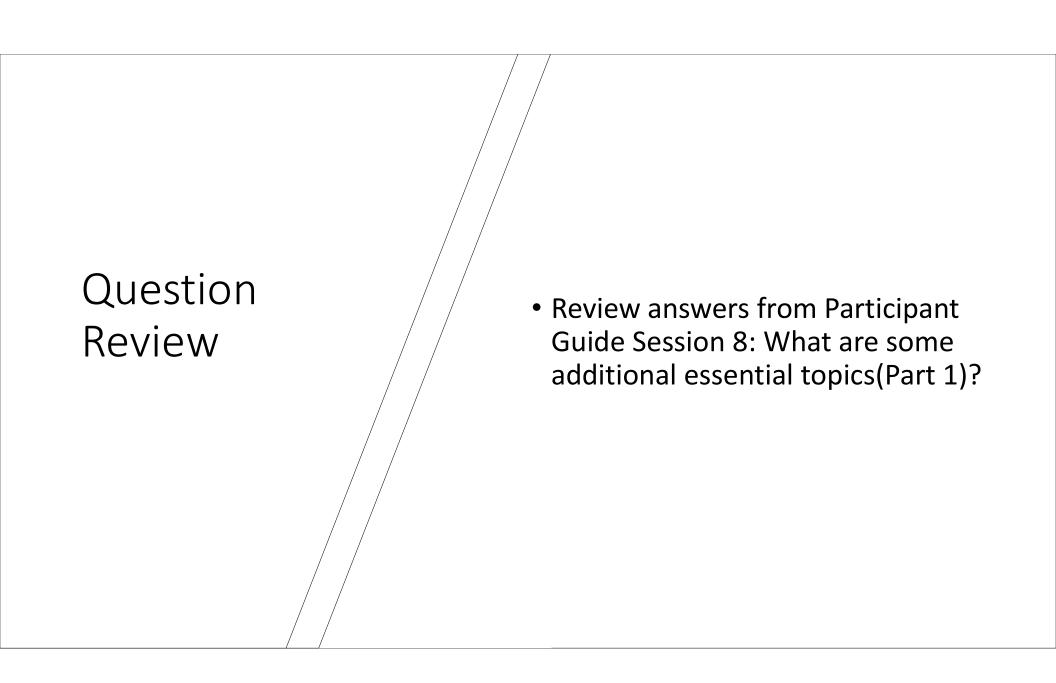
Session 8 Topics:

- Lord's Supper
- Prayer

Session Questions

Session 8 Questions:

- What is it?
- Why is it important?
- How do I participate?



Topic 1: Lord's Supper

What is the Lord's Supper (Communion)?

- To take bread and juice with the purpose of remembering Christ
 - Sacrament instituted by Christ to be observed by the Church
 - References
 - Matthew 26:26-30
 - Mark 14:22-26
 - Luke 22:14-23
 - 1 Corinthians 11:23-26

Topic 1: Lord's Supper

Why is the Lord's Supper important?

A time to remember

- 1 Corinthians 11:24 ...do this in remembrance of me
- 1 Corinthians 10:16-17 to remember..."we are one bread and one body"

A time of self-examination

- 1 Corinthians 11:28 But let a man examine himself,
- Opportunity to make things right with the Lord and with others

A time of refreshing

- Reminded of all that the Lord's sacrifice accomplished
- Refreshed and renew in our love and obedience to Christ

Topic 1: Lord's Supper

How do I participate?

- Must be a Christian
- 1st Sunday of the month during morning services
- Can be administered outside of the church building

What is prayer?

- Communication with God
- Can be done silently, audibly, privately, publicly, and in different positions
- Elements of prayer
 - Faith James 1:6
 - Humility 2 Chronicles 7:14
 - Confidence Hebrews 4:16

What is prayer?

- Different types of prayer
 - **Praise** praising God for Who He is
 - Confession telling God about sin
 - Thanksgiving thanking God for His blessings
 - Request asking God for help
 - Intercession asking God to help others

Why is prayer important?

- Commanded to pray
 - 1 Thessalonians 5:17
 - Philippians 4:6
- If Jesus prayed, we should pray
 - Matthew 14:23
 - Mark 1:35
- For spiritual warfare
 - Matthew 26:41
 - Ephesians 6:18

How do I participate?

- Matthew 6:5-13 is the model
- 2 main divisions
 - Should start with worship of God first
 - After worship, prayer should include request
- ACTS Method
 - Adoration, Confession, Thanksgiving and Supplication

Reflections & Wrap Up

- The Lord's Supper is a practice to remember Christ's sacrifice
- The Lord's Supper is a time of remembrance, self-examination and refreshing
- Prayer is communication with God
- Prayer is commanded and one way to be involved in God's work
- Next session is Monday, November
 6 at 6:30 PM in Room 4.
- Questions for next session: Participant Guide Session 9: What are some additional essential topics (Part 2)?
- Thank you!